

ULTRA LONG DISTANCE SPECIAL INSTRUCTIONS

START:Group R2 (H/D35-85) and national series (**H/D12,14,21C**) has interval start starting at 10.00am. Signposts to the start begin from competition centre (white WMOC2007- plastic tape). It continue along snowmobile track westside of Rukajärventie (road). At the crossroads of an old school the signposts continue on the road to the start. **Group R1 (H/D16-21A)** has mass start leaving in two part.

Klo 12:00 H21A, H20, H16, D20

Klo 12:15 H18, D21A, D18, D16

The mass start leaving is on the field of Rukajärven school. Route runs in the beginning along the same route than Group R2 (white WMOC2007- plastic tape). At the crossroads of Rukajärvi's school route will continue directly to west to the parking place of the field. Please check the guide map because at the end there are not special signposts anymore.

MASS START: Going to the mass start place you cross the signposts to map changing area. **Be careful!** You move to start place about 10 minutes before start. In the start grouping five person in row. Sharing maps begins at the latest **3 minutes** before start. A map is given to the left hand and is held next to the left thigh. **15 seconds before start command MAP!** the competitor may set the map to the rack. Start signal is given by car horn.

MAP CHANGING: Map changing area is on the field of the school. Map changing is in series H/D35-55, H60-65 and all in Group 1. Series H/D21 and H/D20 have two map changing. There is signpost from control point of the map changing to map changing area. (white WMOC2007 plastic tape). The competitor is responsible for taking the right map. If you take wrong map you will be disqualified. A competitor whose a map is missing will get new map from organizer.

EXTRA EQUIPMENT: Competitor can put extra equipment and own drinks to the pit area in map changing or to the pit area in terrain. Be carerul in map changing area because there are other competitors too..

If you leave extra equipment to the terrain's pit area you should leave them in front of competition office to the car trailer at least 10.00am. **Also Group 1.** Organizer transfer extra equipment to terrain. Back to competition centre equipments returned about 14.00pm. Equipments should be both places in a closed ski bag.

DRINKING PLACES: Drinking places are in the map. Those are in map changing, westside of terrain's equipment pit point and top of Pyhävaara Hill (Hut). There is warm juice and drinking water.

GPS-TRACKING: GPS-tracking is in series **H21A, D21A, H20 and D20.** Everyone in these series will have it. GPS tracking device will put near start place from 11:40. First to the group which will start at 12.00. **Be on time!**

LAST MINUTE COMMENTS: The road in westside of terrain has been sanded on Saturday (19th of March). The change could no longer be made to the maps. Organizer has driven narrow

track side of the road (It is not on the competition map, but you will see it in model map at the start place. In mass start there is a model map only with uploads of roads. During the week from trees fallen snow and water have led to ward off any icy areas root of the trees .Making ski tracks all frozen in places is softened. Pyhävaara snowshoe trail is icy places on skis and braking can be difficult. Competitors must particularly be careful when going downhill .